

JUMPSTART Medical Briefing

Please sign in at the back table

Pick-up MiCare registration form and complete if you haven't already attended In Processing Briefing



JUMPSTART

Welcome to Seymour Johnson AFB, NC A1C Brady

This Briefing is **UNCLASSIFIED**



Introduction

- In case of evacuation:
 - exit through Physical Therapy--right, down hallway, through doors
 - Proceed to grassy area behind and right of TRICARE parking lot
- Closest Restroom is next to Laboratory in side hallway
 - Two Rights, restroom on Left

Admin Area's Family Clinic Optometry Clinic **Immunizations** Room A Clinic YOU ARE HERE **Pharmacy** Pediatrics Flight Medicine J.E. Clinic Therapy Therapy Restrooms Clinic Main **Entrance**

Grassy

area beside

TRICARE

Blda



Overview

Objective:

To introduce newly assigned personnel and their family members to TRICARE and the local healthcare system

Topics:

- Primary Care Clinics
- **Records Management**
- TRICARE Briefing
- **Medical Briefing**
- **Public Health**



Primary Care Clinic Assignments

Family Health Clinic

Active Duty, Retirees, and their family members

Flight Medicine Clinic

Active Duty members w/AF Form 1042 (flying or special ops duty) and their family members

Pediatrics Clinic

Open to family members under the age of 18



Records Management

- Medical records are maintained in the clinics
 - Property of the United States Government
 - Records may <u>NOT</u> be <u>HANDCARRIED</u> by patient
- Off-Base Appointments
 - Visit the Referral Management Center to obtain documentation.
 - Hard copies will be generated on information pertaining to appointment.
- Medical Record copy requests can take up to 30 days



Health Insurance Portability and Accountability Act (HIPAA)

- You have important privacy rights under this federal law that protect your health information.
- Refer to DoD 6025.18-R, MTF Privacy Officers, or Legal counsel to ensure that your privacy is never compromised.
- **Your Rights**
 - Right to Inspect and Copy
 - Right to Request Restrictions
 - Right to Request Confidential Communications
 - Right to an Accounting of Disclosures
 - Right to Request Amendment
 - Right to Obtain A Copy of this Notice
 - Right to File a complaint



Secure Messaging

1st Lt Saxon Hanwacker Group Practice Manager



MiCare Secure Messaging

Online tool that let's you:

- Communicate with your healthcare team 24/7
 - Response time dependent on business hours
- Seek medical advice
- Request appointments
- **Request medication renewals**
- Follow up on a referral
- Save yourself a trip to the clinic!





Remember:

- Dependent spouses must enroll separate from AD member
- Enroll dependent children (<18 years) under either parent's account



Phone App

Search for:

- "4th Medical Group" or
- "Thomas Kortiz Clinic"



With This App You Can...

·Access MiCare

Book Appointments (with direct phone link)

• Book Appointments Online

View Clinic Information

•Contact Nurse Advice Line

·See Our Strategic Calendar

·Provide Feedback











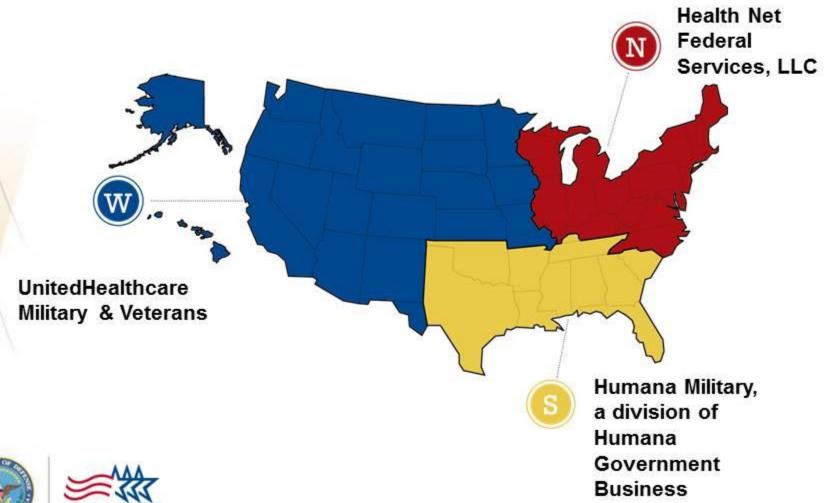
TRICARE Briefing

Phyllis Johnson or Mary Jane Taylor HealthNet Federal Services

What Is TRICARE?

TRICARE Stateside Regions

TRICARE is available worldwide and managed regionally.









TRICARE Enrollment Options

...It's Your Choice!

- TRICARE Prime
- TRICARE **Standard**
- TRICARE Extra



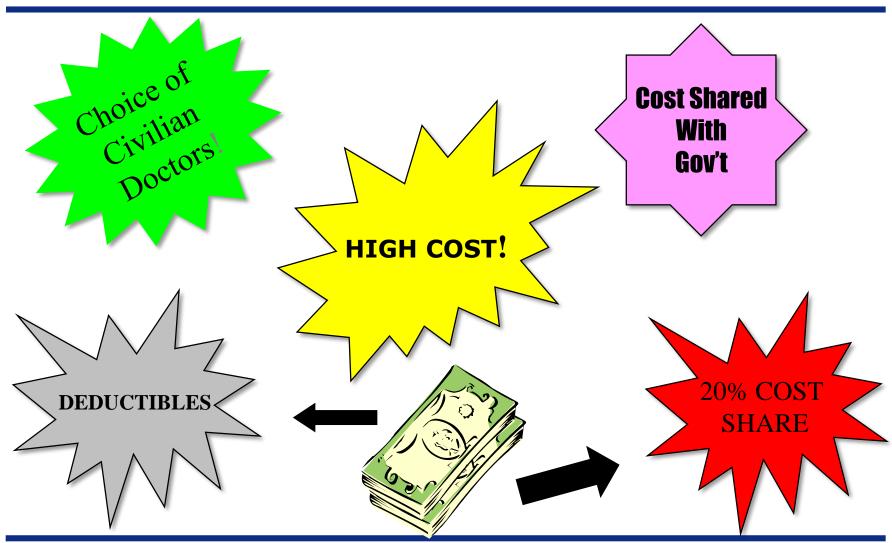


TRICARE Prime

- Enrollment
 - Active Duty must be enrolled to Prime
 - Family Members have a choice
- Disenrollment
 - If you disenroll, you must wait 1 year to re-enroll
- Assigned Primary Care Manager (PCM)
 - Military or Civilian (AD & AD Family Members assigned to MTF)
- Lowest cost to member



TRICARE Standard



Readiness • Better Care | Trusted Care, Anywhere | Best Value • Better Health



TRICARE Extra

- Choice of doctors available in the network
- Same deductible as TRICARE Standard
- You pay 15% of the contracted fee
- No excess charges
- No claims forms to fill out



Primary Care Manager (PCM)

- Healthcare professional on a Team with Nurses and Medical Technicians
- Provides and coordinates your total healthcare
- Works in military or civilian hospital/clinic



Specialty Care

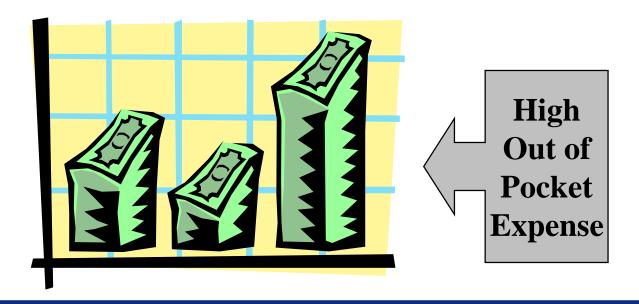
- Referral required from PCM
- Auth # required to make apt
- Referred to military facility
- Referred to TRICARE network provider





Point of Service

- This occurs when you go to any provider without authorization
- This will incur a deductible and a co-payment of 50% for each visit





Audio Library

- Recorded health information on hundreds of topics
- Fast and easy access to health information
- Call 1-877-874-2273 to access information
- **Examples: Dental Health, Exercise and Fitness, Cancer, Family Health**

Benefit Information

Dental Program Options

- Active Duty Dental Program (ADDP)
 - Available to ADSMs
 - Care through military dentist referrals and remote access
 - For more information, visit www.addp-ucci.com
- TRICARE Dental Program (TDP)
 - Available to eligible ADFMs and National Guard and Reserve members and their families
 - For more information, visit
 https://mybenefits.metlife.com/tricare
- TRICARE Retiree Dental Program (TRDP)
 - Available to retired service members and their families, retired National Guard and Reserve members, survivors, and others
 - For more information or to enroll online, visit www.trdp.org





Other Important Information

TRICARE Self-Service Options Online

You can manage your TRICARE benefit at home or on the go. Visit the Secure Login page at www.tricare.mil/securelogin to:

- Manage your enrollment
- Make a fee or premium payment
- Check your claim, referral, or prior authorization status
- Update contact information in DEERS

... and much more!









For More Information...

Visit the TRICARE Bldg

Located across the street from the Pharmacy, next to Dental Clinic

Patient Advocates:

Lt Jonathan Byrd

722-1987

TSgt Rayanne Giessman

722-1261

Benefits Advisors:

A1C Jamecia Bishop

722-1264



Referral Management Center (RMC)

SrA Charles Amara



Referral Process

1. Pt Sees PCM



2. Referral Sent via CHCS/AHLTA

3. Pt Goes to RMC

Referral Management Center (RMC)

- 4. RMC Appoints Pt to Specialist or,
- 5. Forwards Referral to MCSC
- 8. RMC Sends Report to PCM





- 7. Specialty Report Sent to RMC
- 6. Pt Seen by Specialist



Referral Authorization

- **Referral goes to Tricare**
- Patient receives authorization letter in the mail 7-10 duty days after the referral was put in by their provider.
- Authorization letter tells where you're going, your off base provider, number of visits allowed, and contact info to call and schedule your appointment. (RMC does not schedule your appointment)



Requesting/Specifying A **Provider**

During Your Appointment:

If the patient wants to be seen by a specific provider or office then they must specify that provider or office by name. (Let your PCM know)

Over the Phone:

Patients can call the Contractor (1-877-TRICARE) 3-5 duty days after the referral is put in to change the provider, as long as they have not been seen by a specialist using that authorization and as long as they stay within the network.



Types Of Referrals

- Routine network referrals
- Urgent (stat, asap, 24 hr) network referrals
- MTF in-house referrals (Physical Therapy, Nutrition, BHOP) *no authorization needed, must stop by RMC to schedule
- MTF-MTF
- **Urgent Care Triage referrals**



Contact Info

- If you have any questions about your authorization status please do the following:
- Call 1-877-TRICARE
- Message your PCM or PCM Team via MiCare Relay Health.
- See your authorization details in www.myTRICARE.com



JUMPSTART

Medical Briefing

Capt Campbell



Overview

Please share this information with your family. Slides Available on MTF Webpage (seymourjohnson.af.mil)

- Facility & Hours
- Medical Services Available
- How to Make an Appointment
- How to Get Care Away from home
- Dental & Pharmacy Services
- Additional Services and Information
- Warrior Health





4 MDG Facilities

- Thomas Koritz Clinic
- Kiecker Dental Clinic
- TRICARE/Patient Administration Bldg
- Bioenvironmental Engineering



Hours of Operation

- Clinic Hours
 - 0730-1630 Monday through **Friday**
 - Nurse Triage Line accessible 24/7
- Closed
 - Federal Holidays, Family/Down **Days**
 - 2nd Wednesday of every month for Readiness Training.





Thomas Koritz Clinic

Medical Services

Primary Care

- Family Health
- **Pediatrics**
- Flight Medicine

Ancillary

- Laboratory
- **Pharmacy**
- Radiology

Specialty

- Mental Health
- Women's Health
- Immunizations
- Physical Therapy
- **Optometry**
- Health Promotions
- **Public Health**



How to Make Appointments

- Appointment Line: (919)-722-1802
 - (0700-1630) Call early for same day appointment!
 - After Hours/Weekends Nurse Triage Line
- Book Appointments Online
 - **TRICARE On-Line (www.tricareonline.com)**
 - Username/password or CAC login
 - MiCare (<u>www.relayhealth.com</u>)
 - Must be registered to access





- Appointment Cancellations and "No Shows"
 - Cancellations must occur at least 2 hours before appointment
 - **Appointment Cost = \$315 of Tax Payers Dollars Lost**

Per No Show!



Active Duty Sick Call

- Family Health Clinic 0730-0800 on duty days for active duty only
- **■** Flight Medicine 0730 and 1300 on duty days for active duty only
- MUST BE IN UNIFORM UOD or PT gear is approved
 - No civilian or casual clothes are authorized.

Sick call is for NEW acute issues that must be seen within 24 hours only!

Examples:

- **Cold/flu symptoms**
- **Eye drainage**
- **NEW sports injuries/strains**
- Mild skin symptoms [boils, mild rash]
- Nausea/vomiting/diarrhea
- Etc.



Walk-In Clinic Hours

Available to AD and Dependents

- **Family Health Clinic**
 - 0830-1030 and 1300-1500
 - UTIs
 - Sore Throat
 - Wound Check-**Staple/Suture Removal**
 - Blood Pressure Check
 - Depo Injections **Pregnancy Test (Flight** Med if empanelled)
 - B-12 Shots
 - Shaving Waiver
 - STD Protocol
 - Wart Removal

- Pediatric Clinic
 - 0800-1100 &1300-1500
 - Sore Throat Evaluations
 - **Suture Removal**
 - WIC Labs

NO APPOINTMENT NECESSARY!!!



Types of Care Available

Type of Care	Time Standard & Criteria
Acute	24 hours – Urgent, new issues/symptoms, non-ER
Routine	7 days – Not urgent, need to be seen soon
Wellness	28 days – Standard physical/annual check-up
Established	None – Follow-up visit (typically 2-3 weeks)

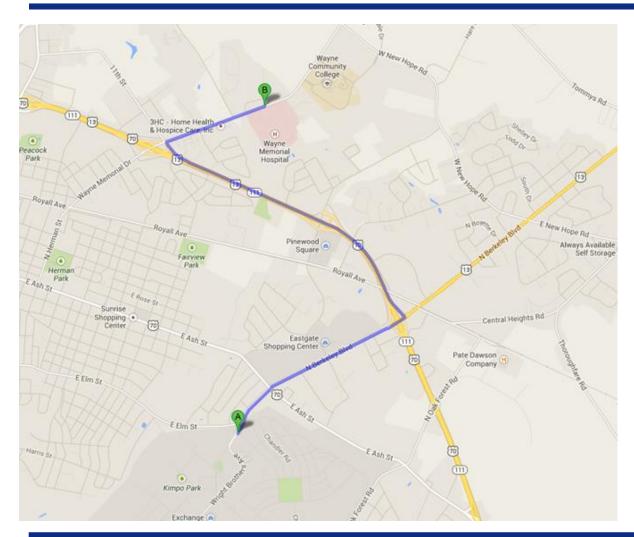
- **Urgent Needs attention within 24 hours**
- **Emergent Must go to Emergency Room**

No Emergency Room Services at 4 MDG **Emergencies**

Any threat to Life, Limb, or Sight Call 911 or proceed to the Emergency Room Notify PCM to ensure proper follow-up care



Directions to Wayne Memorial Hospital



Exit Berkeley Gate, follow Berkeley Blvd to US-70 W Follow US-70 W to **Wayne Memorial Drive Exit, turn Right**

Follow Wayne Memorial Dr 0.8

Wayne Memorial Hospital is on your Right



Nurse Advice Line

- Nurse Advice Line: (919) 722-1802 or 1-877-TRICARE
- MDG enrolled patients can receive 24/7 advice and triage
- Patients will be directed to appropriate care:
 - Home/Self care: Instructions given by nurse
 - **Urgent Care: Appointment booked at MDG or directed to** network facility if a weekend/holiday/down day
 - Dependents get two UC visits per fiscal year without a referral
 - **Emergency Department: Directed to nearest hospital facility**
- Referrals for payment will be completed by the MDG Failure to follow guidance or receive authorization will result in a point of service charge paid by the member.



Directions to Wayne Memorial Hospital



Exit Berkeley Gate, follow Berkeley Blvd to US-70 W Follow US-70 W to

Wayne Memorial Drive Exit, turn Right

Follow Wayne Memorial Dr 0.8 mi

Wayne Memorial Hospital is on your Right



If Admitted to a Hospital...

#1: Contact your unit and/or supervisor

#2: If advised to stay off work, contact your PCM for quarters or convalescent leave (919) 722-1802

- Time off work and duty limitation recommendations from civilian providers must be reviewed by the PCM, who will make a recommendation according to military standards.
- Commanders make the final decision regarding the member's <u>status</u>

#3: Bring all pertinent documentation to your PCM for review NLT the next duty day



Patient-Centered Medical Home (PCMH)

- PCMH is a model to ensure you receive team-based care
- **Benefits to the Patient:**
 - Continuity of Care
 - Team sees you as whole person
 - **Better Patient Experience**
 - **Proactive Preventive Healthcare**
 - Better Access to Care
 - Use of Electronic Health Record
- At 4 MDG, we have 2 PCM Teams
 - Includes 3 Providers, 1 Nurse, and 2 technicians
- **Additional Key Components**
 - Disease Management, Case Management, Health Care Integrator



Pediatric Clinic

NC State Law

- Children under the age of 18 must be accompanied by the legal custodial parent, someone with a Medical Power of Attorney, "In Loco Parentis", or have a similar document with them in order to be seen for a medical appointment, regardless of the individual's status in DEERS.
 - Includes step-parents, grandparents, guardians designated during deployments, etc.
 - MTFs must follow NC State Law
 - Only exception is for STD treatment

A Power of Attorney can be obtained at the Base Legal Office, Open Mon-Fri 0900-1600



Pediatric Clinic

Physicals/Well Child Appointments

- 2 weeks
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 24 months
- 30 months
- 36 months
- Then yearly in birth month

 The Pediatric Medical Home books appointments for well visits up to 4 months in advance. If you have a child under the age of two then please stop by the Pediatric Clinic to book their next Well visit appointment before you leave the clinic today.



Pediatric Clinic

School/Sports Physicals

All physicals are a full physical

- The last physical must be current within 12 months for forms to be completed.
 - Wayne County will disenroll students on 30 Sept who are delinquent in physicals or immunization. Students can still be enrolled and start school if not current
- If the physical is current, then bring the forms to the Pediatrics front desk and they will be completed in 72 hours.
- If the physical is older than 12 months, then a full routine physical will need to be scheduled.
 - ☐ A physical form is required by the NC school system for children starting Kindergarten and students new to the NC school system. The physical must be current within 12 months of the first day of school. Please don't wait until the last minute to schedule.



Pregnancy

- ✓ AD or Dependent
- If you are already pregnant you must contact your Clinic today for guidance on getting an OB referral
- If you are Active Duty and pregnant, you must also report to Public Health for a job hazard interview
- There is an OB briefing for this base that you will attend even if you attended a class at your previous base



Kiecker Dental Clinic

Location: 1055 Jabara Ave

Across the street from the clinic

Hours: 0700-1630

Phone: (919) 722-1802, Option 2

DEPENDENTS

- Must be enrolled in Met Life Family Member Dental Plan
- 3 ways to enroll:
 - Online on TRICARE Beneficiary Web Enrollment Site
 - By Mail (Form available on TRICARE Dental site)
 - By Phone: 1-855-638-8371







Patient Responsibilities

- Know and follow guidelines, policies and procedures
- Ask questions
- **Keep DEERS information updated**
- Maintain honesty with medical staff
- Take care of yourself and your family

If you have comments or suggestions, good and/or bad, the Patient Advocate is available

Contact (919) 722-1802 and ask to speak with the Patient **Advocate**



Preventive Health I.

Web HA

- Completed every year
- Ensure you annotate all concerns and any medical needs or wants
- Areas addressed
 - Safety
 - Tobacco: If you use tobacco then please consider stopping. Second hand smoke affects people too! Your PCM will assess you for medications to help you quit. <u>Call the American Lung Association at 1-800-548-8252 to enroll in the Tobacco Cessation Program</u> then call the clinic and make an appointment with your PCM to get medication. (Open to all military beneficiaries and DoD civilians)
 - Stress
 - Alcohol
 - Diet
 - Exercise
 - Family History

Eyes

If you wear glasses or contacts you need gas mask inserts! Call optometry today if you need them.



Preventive Health II.

Endemic Diseases for SJ and North Carolina

- Mosquito borne diseases
 - West Nile Virus

- Eastern Equine Encephalitis - Lyme Disease
- La Crosse Encephalitis Rocky mountain spotted fever
- Sexually Transmitted Infections/Diseases (STI/STD)
 - Chlamydia

- Gonorrhea
- Syphilis

- Trichomoniasis

- Herpes

- Genital Warts
- **HIV (CC will be notified and preventive order issued to disclose HIV status to sexual partners, after infection AD member requires initial, 6 month, and 12 month at Ft Sam and annually for duration of career, non deployable)
 - North Carolina ranks 9th in US for the number of new HIV diagnoses annually
 - 1,631 New cases reported in 2014 for NC

STI Prevention

- Consider abstinence.
- Use a latex condom *properly*. (other synthetics for those w/latex allergies)
- Stay faithful to one uninfected partner. (make sure you are both tested)
- Never mix alcohol or other drugs with sex.
- If you have an abnormal discharge, lesion, itching, burning or anything concerning then please see your Primary Care Manager (doctor) for evaluation.



Individual Medical Readiness (IMR)

IAW AFI 10-250, Every Amn will monitor and maintain currency of his/her IMR requirements. Tracks your ability to deploy. Compliance is briefed to base/unit CCs once a month for those that are due/overdue any requirements.

MyIMR website

- Allows access to your status, through the AF Portal under Health & Fitness
- Allows you to check your IMR status for:

- PHA

- Labs

- Immunizations

-Dental

- Medical profiles
- Complete all medical requirements within 2 days. Directions for completion are included on MyIMR.
- If you are on profile be sure to keep a copy of it with you. See your PCM for any changes. You can obtain a copy from your CC or the My IMR website.
- Your UHMs, UDMs, or the medical clinic can assist with any questions or concerns.



Chronic/Specialty Care

- Patients with chronic issues such as diabetes, hypertension, and asthma must be seen by their PCM every 6-12 months or more frequently if required.
- Patients with ADHD have to be seen by a PCM every 6 months.
- If you or your child are due for a follow-up appointment, or need off-base referrals entered to continue specialty care, then please call today to schedule an appointment with your PCM.



Exceptional Family Member Program (EFMP)

Who qualifies?

Any dependent that requires special medical or educational services for chronic conditions

Benefits of EFMP:

- •Ensures basic services are available for your dependents
- Connects you with community support and special services through the A&FRC, TRICARE and Air Force aid organizations

Special Needs Coordinator: Ms. Ella Zlotina **Family Member Relocation Coordinator: SSgt Amber Morehouse**

http://www.militaryonesource.mil/efmp





Family Advocacy Program

Mission:

to identify, educate and act upon risk and protective factors in the lives of military families and communities that affect family strengths, child well-being and couple wellness

- Classes and Groups offered:
 - How to Avoid Marrying a Jerk/Jerkette
 - **Couples Communication**
 - Laugh Class
 - Stress/Anger Group
 - **Parenting the Newborn**
 - Etc.







Educational Opportunities



For information contact your PCM or call...722 - 0407

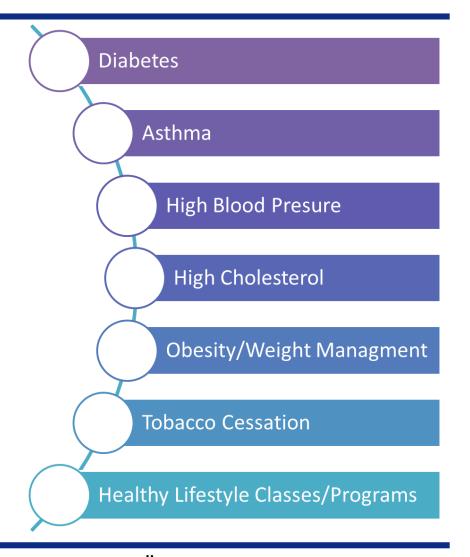




Educational Opportunities

These Health Management programs are MY PASSPORT approved

For information contact your PCM or call 722 - 0849





BHOP

Behavioral Health **Optimization Program**

Located in Family Health Lindsey Henderson, Psy.D. 722-1552



What is the BHOP Program?

- Medical appointment- charted in medical chart
- Services available to AD, dependents (including children and adolescents) and Retirees
- Two Components:
 - IBHC (Dr. Henderson/AD MH): Counseling/behavioral consultation
 - Brief interactions: 30-minute appointments; 3-4 total appointments
 - Sleep issues/relationships/depression/anxiety/chronic pain/parenting/etc
 - If not already connected to mental health, call appointment line to schedule with BHOP first (919) 722-1802
 - BHCF: Medication consultation
 - If you are prescribed medication by a PCM at the MTF, you can be referred to the BHCF
 - Phone interactions 7-10 days after initial prescription, monthly follow up calls
 - Liaison to PCM and IBHC

THINK BHOP FIRST!!



EYE CARE AT SEYMOUR JOHNSON AFB

Maj Laura Swanson, Capt Ting Zhang, TSgt Christopher Hillard, SSgt Andrew Heath, A1C Carol Weeks



Overview

- Who we are, what we do
- Services at Seymour Johnson
- Glasses benefits and requirements
- CRS (Corneal Refractive Surgery)



Our Patients

- All Active Duty
- Dependents
- **■Children >6** If you have an eye concern, don't wait, talk to us!
- Retirees with diabetes



Services

- **Comprehensive Yearly Eye Exam**
 - Recommend at least 1 exam every 2-3 years if you're completely healthy
- **Acute problems**
 - Red eyes
 - Injuries
- **Chronic eye diseases**
 - Dry Eyes
 - Glaucoma
 - Dry ARMD
- Contact Lens Fits for current contact lens wearer
- **Corneal Refractive Surgery Program**
 - Consultation
 - Pre-op workup
 - Post-op care
- **Aerospace Optometry**
 - **Initial flying class physicals**
 - **Aircrew Soft Contact Lens Program**
 - **Aeromedical waiver exams**



Benefits

If glasses are indicated:

- Active duty gets:
 - 2 pairs of standard issue frames
 - 1 pair of frame of choice
 - 1 set of gas mask inserts
 - For mobility purposes, you're required to have 2 pairs of standard issues and 1 set of gas mask inserts at all times. Call us if you need replacements, they're free.
- Retirees get:
 - 1 pair of standard issue only
- Dependents:
 - No glasses benefits, but you can take the prescription and fill it at any optical.



LASIK and PRK

- Corneal Refractive Surgery for all Aviators and Warfighters w/ 6 mos retainability
- Stable Vision for >1 year
- Commander's Authorization
- Schedule for a CRS Workup to see if your eye shape and corneal thickness is within treatment parameters
- CRS for Readiness
 - No more Gas Mask Inserts
 - Can wear protective eye wear without glasses getting in the way
 - No more secretly deploying with contact lenses, running out of solution and lenses, and getting eye infections down range



Your Eyes

Eyes are Important

- Part of the brain
 - share the same protective layers
 - Many cranial problems show up in your eyes
- Only place in whole body where we can see live blood vessels (without cutting open anything)
 - shows health of your circulatory system

You've only got TWO!

Come See Us to ensure that they are healthy!



See More, Seymour!



Pharmacy Hours of Operation

Monday thru Friday: 0730 - 1700

Last off base prescription processed at 1630

2nd Wednesday of the month (Training Day): CLOSED



Prescription Pick-Up Policy

- The patient's DoD ID and Third Party Card (if retiree or dependent) are required for prescription pick-up.
 - Pharmacy staff will accept either a paper or digital copy of IDs.
 - Off-base prescriptions can be filled here. Prescriptions for chronic medical conditions MUST be filled here
- The pharmacy does **NOT** process same day refill requests.
- Refills should be called in using the automated system at 919-722-1998.
- Refill will be ready the next duty day after 1300.



Filling Prescriptions

If you were seen by a 4 MDG provider and were prescribed a medication, the medication MUST be filled at the base pharmacy; you will NOT be given a paper prescription to have filled at a retail pharmacy.

- **ALWAYS PULL A TICKET:**
 - "A" for Active Duty, "C" for everyone else
- No prescriptions are automatically filled unless you call in a refill or pull a ticket to see pharmacy staff
 - This includes relay health and new prescriptions

Pursuant to Health Affairs Policy 14-004, patients who are being followed by an MTF provider or have a prescription signed by an MTF provider will not be referred to retail pharmacies to obtain their medications.

See Pharmacy Staff for details



Faxed Prescriptions

■ Your off base provider can submit your prescription electronically or fax to the pharmacy at:

919-722-1895

■ You can fill the prescription by coming to the pharmacy and pulling a "B" ticket.



Prescription Drop Off Service

■ Bring your off base prescription to Window #2 – be sure the patient's date of birth is on the prescription!

These medications will be ready for pick up after 1300 on the next duty day.



We can transfer your prescription!

- Provide either the prescription bottle OR the following information to pharmacy staff
 - patient's name and date of birth
 - base/pharmacy name and phone number
 - medication name
- Your medication will be available for pick up at Window #5 three business days after the request was received
 - **Note OCONUS transfers may take longer to process**



Need to dispose of unused or old medications?

- DO NOT FLUSH unused medications and DO NOT POUR them down a sink or drain
 - Pour medication in a sealable plastic bag. If medication is solid (tablet, capsule, etc) crush it and add water to dissolve it.
 - Add cat litter, sawdust, coffee grounds or similar material to the bag.
 - Seal the plastic bag and dispose of it in the trash.
- Additionally, there are local drop off points for medications.
 - **Goldsboro Police Dept**
 - **Wayne County Sheriff's Office**
 - **Kinston Clinic Pharmacy**
 - **MedSource Pharmacy**





See Pharmacy Staff for Details



Pharmacy Formulary and Information

Our local formulary is available online...check us out through the 4th Fighter Wing website at:

http://www.seymourjohnson.af.mil/

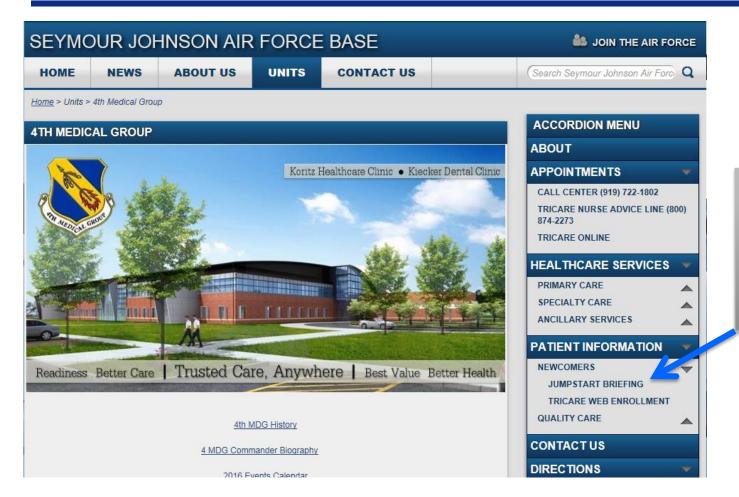
or directly at:

https://seymourjohnson.usaf.afpims.mil/Units/4thMedicalGroup.aspx

See Pharmacy Staff for details



4 MDG Webpage



Jumpstart Slides can be found under "NEWCOMERS" section



Questions?

Welcome to Seymour Johnson AFB

Strike Eagle Medics! Seamless Health Service Support... On Target, On Time!

Follow us on Facebook to receive up to date information and announcements **AFMS Seymour Johnson 4th Medical Group**





Flight Medicine

If you are on flying/control status, EOD, or have an active 1042, report to the Flight Medicine Clinic to complete in-processing

Flight Medicine Clinic is located in the Thomas **Koritz Clinic next to the Main Entrance doors**